Christine Amagove Karani

from the Netherlands

DANCE | MOVING IN OVERFLOW

"Stand up, walk, jump, spin, dance and praise the Lord!"

My name is Christine Amagove, born may 1991 in Nairobi, Kenya.

I grew up in the Netherlands from the age of 7 and started dancing a few years later.

Dance movement means for me having a heart-to-heart conversation with my neighbour. A conversation where you can be strong and courageous while being compassionate and tender hearted.

I feel safe while dancing. Why? Because dance-movement is alive. Every step no matter how many times you repeat it, no matter what size, shape, pulse, and quality.
It is alive, it is active, it is present.

Now that I know Our Maker and Creator, I have come to understand that He breathes His mighty wind through all the movements we make. Jesus loves to move together with us and through us. I believe if we allow him to do this, he is able to do all things!

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In my classes I use different techniques, such as: African-Urban contemporary dance.
I also put an emphasis on musicality and improvisation. I combine those techniques and follow the movement, rhythm and voice of the Holy Spirit. During the classes I also encourage dancers to explore and develop their personal movement qualities, share it with others and dance in overflow!

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contact:

https://dancemovinginoverflow.com

https://www.youtube.com/@christine.amagove